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Life of the Party:
Cater-Waiter Confessions,
No-Show Hosts &
Dinner-Party Disasters

Beauty: When Does
Your Look Get Stale?

**Famous Design
School Dropouts**

Plus: Suzy, L.A.'s Club
Queen & Felicity Huffman's
Gender-Bending Role

Fash

From New York, Paris and

What's the best way to cure a "turkey neck"?

The answer depends on how advanced the problem is. **Robert Guida**, a plastic surgeon in New York, explains that in order to determine the best procedure, one must first assess how significant the sagging is. "For someone with a severe, turkey-gobbler type of neck, the most permanent result is either a mini-lift or a full face-lift," he says. "When the skin and muscle is that loose, usually after the mid-to late 40s, nothing else will take care of it." For patients whose necks aren't sagging as much, there are other options. "Sometimes, when patients are in their 30s or 40s, the bands on the neck can become very prominent," **Guida** says. "Injecting these bands with Botox will definitely soften their appearance, but it doesn't always work on everyone."

Even the more invasive surgeries are being done in new ways that make scarring minimal and stitches obsolete. **New York plastic surgeon Robert Guida** has been performing mini blepharoplasty for five years, which translates to a stitchless procedure that removes excess fat from the lower-eyelid area. The patient is lightly sedated while the doctor makes his incision inside the lower eyelid, then removes the excess fat with microsurgical instruments - tiny scissors and forceps. "No stitches are required, as the skin inside the eyelid heals quickly on its own," says **Guida** who has seen patients out and about the next day with minimal bruising. "I did it to a model on a Thursday when he had a photo shoot the following Tuesday. If done properly, there is very little bruising and the results are immediate - you can see it in the recovery room."

(Visit on the web at: www.DrGuida.com)

