

SPECIAL ISSUE ON HEALTH AND BEAUTY

Town & Country

ESTABLISHED IN 1846

LOOK
AND FEEL
YOUR
BEST—
AT
EVERY
AGE

TWO LIFE-
CHANGING
SPAS

BEAUTY
TIPS FOR
BUSY
WOMEN

COSMETIC
SURGERY
OUR TOP-TO-
BOTTOM
GUIDE



The *Town & Country* Guide to

Cosmetic Rejuvenation

What's new, what's noteworthy, what's sensible and, above all, what's safe.

RHINOPLASTY IMPLANT

A recent advance in rhinoplasty is the use of a synthetic implant. Made of porous material, it becomes integrated with your tissues. "Your scar tissue grows into it," says **Dr. Robert Guida, a plastic surgeon in New York.** "It has replaced the use of rib cartilage, which was painful to extract and can warp and collapse."

Visit Dr. Guida's website at www.DrGuida.com

Actress and model
Inès Sastre
in Michael Kors