

BEAUTY FINDS: AMAZING AGE-ERASERS

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JULY/AUGUST 2005

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THE NEW LOOK OF 40+

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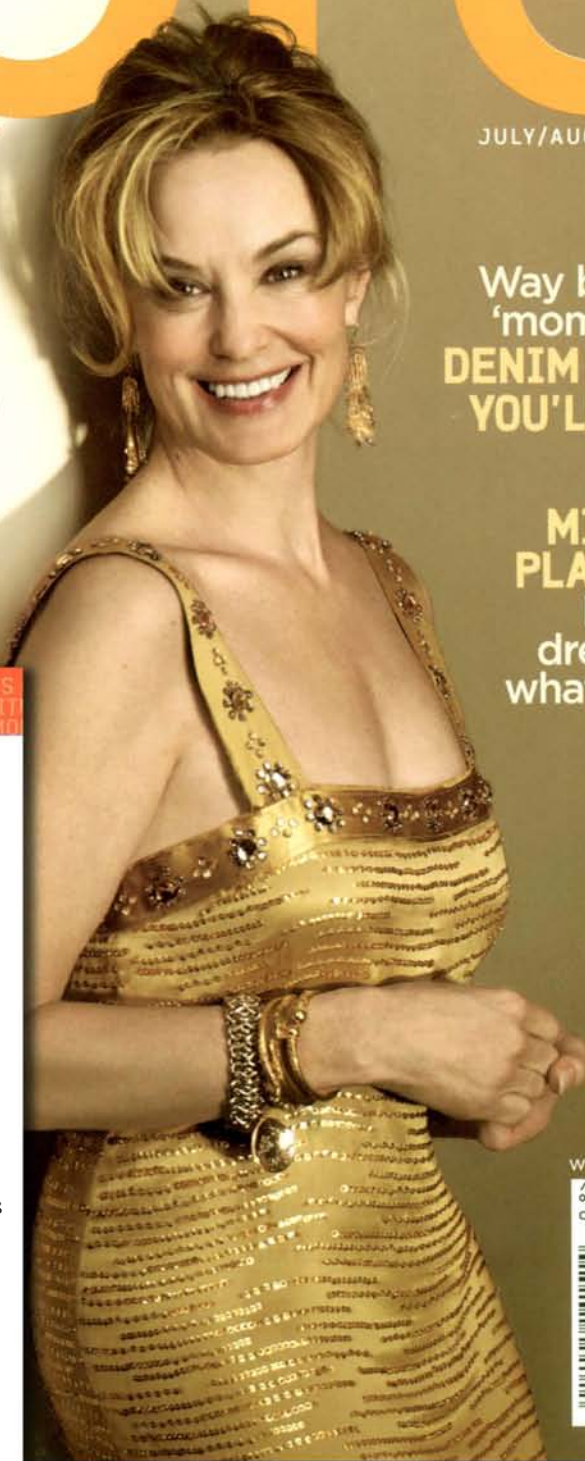
**MIDLIFE
PLATEAU?**
How to
dream up
what's next

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A Nose By Any Other Name

WITH MY MARRIAGE CRUMBLING AND MY BOSSES GETTING YOUNGER, I WAS FACING A CLASSIC MALE MIDLIFE CRISIS. THE ONLY SOLUTION I COULD THINK OF: FIX MY FACE

My break came unexpectedly, when I couldn't shake a persistent cold. An ear, nose and throat specialist told me I had a deviated septum; my uneven nasal passages caused fluids to clog. I visited a plastic surgeon, [Robert Guida, M.D.](#), who told me he could do the corrective surgery as well as the cosmetic work. I plowed ahead with the nose job in true guy fashion. Women prepare for plastic surgery the way they prepare for kitchen renovations: endless blueprints and specs. They want Jennifer Aniston's boobs and J. Lo's butt; I got right to the point. I'd planned to screen a few surgeons, but when [Dr. Guida](#) ([Visit \[www.drguida.com\]\(http://www.drguida.com\)](#)) told me he had done rhinoplasty on his twin brother, I decided he passed my test. I pressed him for the fine points about painkillers and payment plans, though when it came to my actual appearance, I didn't micromanage.



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